



TALK SAVES LIVES™

A Brief Introduction to Suicide Prevention

Suicide can be prevented. This presentation will cover what we know about this leading cause of death, the most up-to-date research on prevention, and what we can all do to fight suicide.

Participants will learn the common risk factors for suicide, how to spot the warning signs in others, and how to keep ourselves, our loved ones and those in our community safe.

Date

Tuesday, May 4th, 2021

Time & Location

7pm via ZOOM

Upcoming TSL Trainings

Seniors-5/11 @ 9am via ZOOM

LGBTQ+-5/18 @ 4pm via ZOOM

Workplace 5/25 @ noon via ZOOM

RSVP

Please use this link to register for the May 4th Talk Saves Lives training:

<https://tsl5-4.attendase.com/>

For other links or more info, please contact:

mcastellano@mhaputnam.org or visit

www.mhaputnam.org

Brought to you by the Putnam County Suicide Prevention Task Force in partnership with AFSP-Hudson Valley Chapter