



Suicide Prevention...
Our Community Working Together
Wednesday, October 24, 2018
9:00am-12:30pm

**Hosted by: The Mental Health Association in Putnam County, Inc.
and Putnam Hospital Center
In the Michael T. Weber Auditorium
Putnam Hospital Center
670 Stoneleigh Avenue
Carmel, NY 10512**

AGENDA

9:00 Registration & Breakfast

9:15 Welcome and Opening Remarks

Megan Castellano, MPA-Executive Director, Mental Health Association in Putnam County, Inc.
Co-Chair, Putnam County Suicide Prevention Task Force

MaryEllen Odell-Putnam County Executive

Michael J. Piazza, Jr.-Putnam County Commissioner of Mental Health, Youth Bureau & Social Services

9:30 SafeTALK Training

SAFETALK

Is a half day training that can help you make a difference...learn to identify persons with thoughts of suicide and connect them to suicide first aid resources.

Why Come to SafeTALK?

Most people with thoughts of suicide invite help. Often these opportunities are missed, dismissed or avoided-leaving people more alone and at greater risk.

In SafeTALK you will learn how to respond in ways that provide practical help.

After training, participants should be able to:

- Challenge attitudes that inhibit open talk about suicide
- Recognize a person who might be having thoughts of suicide
- Engage them in direct and open talk about suicide
- Listen to the person's feelings about suicide to show that they are taken seriously
- Move quickly to connect them with someone trained in suicide intervention
- Acquire techniques for "self-care" and support for yourself when someone you care about is in crisis

Conference Planning Committee

American Foundation for Suicide Prevention (AFSP)-Hudson Valley Chapter
Child Advocacy Center of Putnam County
Mental Health Association in Putnam County
Putnam Hospital Center
Putnam County Departments of Mental Health, Social Services & Youth Bureau
Putnam County Veterans Service Agency
Putnam Suicide Prevention Task Force

Conference Sponsors

Mental Health Association in Putnam County, Inc.
Putnam Hospital Center
Putnam Suicide Prevention Task Force
The New York State Office of Mental Health

Directions to Putnam Hospital Center

(845) 279-5711

www.Health-Quest.org

From I-84:

Get off Exit 19 (Carmel). At end of ramp, turn right onto Route 312 and drive a little over a mile to the light. At light, turn right onto Route 6 and drive approximately 1-1/2 miles to third light. Turn left at light onto Stoneleigh Avenue and hospital is two miles up on the left.

From I-684:

Get off at Exit 8 (Hardscrabble Road/Croton Falls). At end of ramp, follow directions to Croton Falls and drive a little over 1 mile, going through the town of Croton Falls to sign indicating Brewster straight ahead/Lake Mahopac left. Turn left and go .1 miles to light. At light, turn right onto Route 100/202 and go .1 mile. Turn left onto Stoneleigh Avenue and go approximately 2-1/2 miles and hospital is on the right.

Blue hospital signs (H) indicate directions from exits off both interstate highways.

**This training is being offered at no charge but pre-registration is required as
space is extremely limited-no walk-ins will be accepted**

Continental Breakfast and materials will be provided

Name

Agency:

Address:

Phone:

Email:

Mail, fax or email registration to MHA in Putnam-2505 Carmel Avenue, Suite 212-Brewster, NY 10509

fax-(845) 278-0600 email-mcastellano@mhaputnam.org

Registration deadline-Monday, October 15, 2018-space is limited, please register early

please call (845) 278-7600, ext. 202 or more information